



MARCH 2013

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|--|---|---|
| <ul style="list-style-type: none"> March is National Choi Kwang-Do Month! Join us in wishing Grandmaster Choi a Happy 71st Birthday and let's celebrate our 26th Anniversary of Choi Kwang-Do! Greca CKD Contests are Saturday, March 16, 2013! Get signed up right away to perform your pattern, speed drill, or shield attack! Trophies are on display in the Marketplace! Master's Fit Club is going strong! Over 110 lbs lost by our Fit Club Team! 25th Anniversary Seminar in the United Kingdom is May 29th – June 5th! Check with the staff for details on the events that will be held in London! | | | | | 1 TT: Focus | 2 Happy 71st Birthday Grandmaster Choi and 26th Anniversary of CKD! |
| 3 | 4 TT: Coordination | 5 | 6 | 7 | 8 Exam and Contest Schedule Published ! TT: Fitness | 9 Instructor Meeting 10 am – 11:15 am |
| 10 | 11 2 nd Stripe White TT: Teamwork | 12 2 nd Stripe White | 13 2 nd Stripe White <u>Special Class</u> <u>Contest Preparation Classes</u> 5:30 pm Children 6:15 pm BBC/Adults | 14 2 nd Stripe White | 15 Black Stripe Belt Exams All students see class/exam schedule for classes/exam times. TT: Memory | 16 Black Stripe Belt Exams & CONTEST All students see contest/class/exam schedule for classes/exam times. |
| 17 St Patrick's Day | 18 TT: Focus | 19 | 20 | 21 <u>Special Class</u> Close Range Class 7:10 pm | 22 TT: Balance | 23 |
| 24 | 25 3 rd Stripe White 1 st Stripe Black 1 st Stripe BB | 26 3 rd Stripe White 1 st Stripe Black 1 st Stripe BB | 27 3 rd Stripe White 1 st Stripe Black 1 st Stripe BB | 28 3 rd Stripe White 1 st Stripe Black 1 st Stripe BB | 29 TT: Control | 30 |
| 31 | TT: Fitness | | | | | |